

TRAINING TOPIC: Ladder Safety (25 minutes)

TRAINING AIDS:

Handouts:

University of Delaware Policy: No specific policy.

Ladder Safety Summary: Ladder Safety

Portable Ladder Safety: <http://muextension.missouri.edu/xplor/agguides/agengin/g01932.htm>

Five Rules of Ladder Safety: <http://www.cdc.gov/nasd/docs/d000701-d000800/d000762/d000762.html>

Video Tape: **Ladder Safety, Source: OSH Department. J.J. Keller & Associates, Inc. 20 minutes.**
Step-by-Step Ladder Safety, Source: OHS Department. Louisville Ladder Corp., 17 minutes.
Easy as Falling Off a Ladder, Source: OHS Department. 15 minutes.

Presenter Preparation:

1. Review Videotape.
2. Read handout materials
3. Review this training outline.

Program: Training Includes:

1. Ask the group the following questions and discuss and expound on the answers that are detailed in the handouts.
 - What are some common causes of Ladder accidents?
 - What should one do before beginning to work on a ladder to prevent potential injury? (Examples would include choosing correct type of ladder, inspecting ladder and properly setting up ladder)
2. Show Ladder Safety video.
3. Distribute handout information.
 - Discuss the information contained in the handouts and the source of the hand-outs, etc.
 - Discuss proper uses of ladders to prevent possible injury.
 - Discuss actions to be taken if injury occurs.
4. Answer questions from:
 - Discussion
 - Video
 - Handouts
5. Have the employees sign an attendance sheet.
http://www.facilities.udel.edu/policies/HRPOLICIES/PolProgMeetingSignInForm_Dec_00.doc