

**TRAINING TOPIC: Hand Safety (25 minutes)**

**TRAINING AIDS:**

**Handouts:**

**University of Delaware Policy:** <http://www.udel.edu/ExecVP/polprod/7-40.html>

**Hand Safety:** [http://www.ffvamic.com/LossControl/32\\_hand\\_safety.shtml](http://www.ffvamic.com/LossControl/32_hand_safety.shtml)

**Hand Safety:** [http://www.hawaii.navy.mil/Safety/hand\\_safety.htm](http://www.hawaii.navy.mil/Safety/hand_safety.htm)

**Personal Protective Equipment Training Course:** <http://www.free-training.com/osha/pppe/ppemenu.htm>

**Video Tape: Hand, Wrist, and Finger Safety, Delaware Safety Council (654-7786)  
Hand Safety, OHS Department, J.J. Keller & Assoc. 12 minutes**

**Presenter Preparation:**

1. Review Videotape.
2. Read handout materials
3. Review this training outline.

**Program: Training Includes:**

1. Ask the group the following questions and discuss and expound on the answers which are detailed in the handouts.
  - Has anyone in attendance ever sustained a serious hand injury? What happened? Was any protective equipment used? What could have been done to prevent it? (The concept is to have the group relate to the idea that hand injuries happen everyday in the workplace. These accidents can be prevented.)
  - What are some possible reasons for hand injuries?
  - What types of hazards are our hands exposed to on the job?
  - What are common PPE for preventing hand injuries? Sharps? Chemicals? Crush injuries?
  - If injured, treatment?
2. OSHA has a PPE – Hand Safety training course (5 minutes) that can be used in a joint classroom setting with projection systems. Have class work through training jointly.
3. Show hand safety video.
4. Distribute handout information.
  - Discuss the information contained in the handouts.
  - Discuss protective equipment available within work group.
5. Answer questions from:
  - Discussion
  - Video
  - Handouts
6. Have the employees sign an attendance sheet.

[http://www.facilities.udel.edu/policies/HRPOLICIES/PolProgMeetingSignInForm\\_Dec\\_00.doc](http://www.facilities.udel.edu/policies/HRPOLICIES/PolProgMeetingSignInForm_Dec_00.doc)