GROUNDS/MOVERS
HORTICULTURIST
Ref. Code: G-H-6

SEEDING LAWNS		
Activity	Hazard Identification	Required Precautions
1. Breaking up soil using rake.	1a. Back strain; overexertion.	1a. Do not twist back. Do not overexert yourself.
	1b. Blisters.	1b. Wear gloves.
	1c. Getting hit in head with rake.	1c. Know where your rake is at all times. When rake is on the ground, have prongs facing downward.
2. Using Roundup.	2. Chemical on skin and in eyes.	1. Wear rubber gloves and eye protection. Pour slowly to avoid splashing when mixing chemicals. Avoid spraying on windy days. Follow label directions. Be familiar with use guidelines before applying Roundup.
3. Lifting and opening heavy bags of seed.	3a. Back strain; overexertion.	3a. Know your weight lifting capacity and get help if needed. Lift using leg muscles. Keep back straight.
	3b. Cuts; severe lacerations.	3b. Keep hands away from blades. Cut away from yourself. Wear gloves.
4. Manually seeding.	4. Seed/dust in eyes; inhalation of dust.	1. Avoid seeding on windy days. Wear safety glasses and dust mask.